Control-Alt-Elite
(formerly known as “Team 2”)

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The Healthy Immigrant Effect (HIE) is Present among Canadian Visible Minorities (VM) for Death due to Heart Disease or Stroke

1 in 10 are visible minorities.

82% VM are immigrants.

65% VM with Southeast / South Asian background.

No. 2

Cause of death in Canada.

Does HIE exist among Canadian VM?

29% odds
For immigrant VM to die compared to Canadian-born VM.

Odds of death varies by ethnicity

Immigrants vs. Canada-born
(deaths per 1,000 persons)

Southeast Asia
5.1 vs. 8.1
36%

South Asia
5.1 vs. 8.3
34%

Others
4.8 vs. 6.9
18%

Odds of death varies by region

Canada
6.5 vs. 16.0
72%

Southeast Asia
6.0 vs. 5.7
39%

Others
5.9 vs. 8.5
23%